

Lange afstand
Antwerpen, 19/10/2014

Programmanr. 1
19/10/2014 - 9:00

Dames, 800m vrije slag

11 jaar en ouder
Resultaten

loodsvisjes 2014 13: 10:52.00; 14: 10:25.10; 15: 10:12.60; 16: 9:57.30; 17: 9:53.20; 18: 9:48.40; 19 +: 9:39.50 /
Haai 2014 11: 11:52.00; 12: 10:37.00; 13: 9:54.50; 14: 9:45.00; 15: 9:33.50; 16: 9:21.00; 17: 9:20.50; 18: 9:20.00; 19 +: 9:19.50

Punten: FINA 2014

Rang									Tijd	Pnt		
11 - 12 jaar												
1.	VAN WALLENDael, Sarah		BRABO/20008/02		12:31.45		11:24.52		375			
	100m:	1:18.98	1:18.98	300m:	4:15.78	1:29.34	500m:	7:12.12	1:28.83	700m:	10:05.40	1:25.54
	200m:	2:46.44	1:27.46	400m:	5:43.29	1:27.51	600m:	8:39.86	1:27.74	800m:	11:24.52	1:19.12
2.	DILLEN, Jans		MOZKA/20335/03		NT		11:31.56		H	364		
	100m:	1:20.70	1:20.70	300m:	4:15.99	1:27.49	500m:	7:13.03	1:28.99	700m:	10:10.29	1:28.30
	200m:	2:48.50	1:27.80	400m:	5:44.04	1:28.05	600m:	8:41.99	1:28.96	800m:	11:31.56	1:21.27
3.	DE BEULE, Mirne		BRABO/20960/02		12:35.35		11:48.63		338			
	100m:	1:23.89	1:23.89	300m:	4:24.11	1:30.06	500m:	7:25.14	1:29.77	700m:	10:22.89	1:28.22
	200m:	2:54.05	1:30.16	400m:	5:55.37	1:31.26	600m:	8:54.67	1:29.53	800m:	11:48.63	1:25.74
4.	BOITS, Raven		BRABO/20028/02		12:51.33		11:57.45		326			
	100m:	1:24.37	1:24.37	300m:	4:28.55	1:32.89	500m:	7:32.17	1:30.72	700m:	10:32.08	1:30.53
	200m:	2:55.66	1:31.29	400m:	6:01.45	1:32.90	600m:	9:01.55	1:29.38	800m:	11:57.45	1:25.37
5.	RAVELINGIEN, Kato		BRABO/20065/03		NT		12:29.11		286			
	100m:	1:27.36	1:27.36	300m:	4:40.41	1:36.38	500m:	7:54.97	1:36.92	700m:	11:05.04	1:32.48
	200m:	3:04.03	1:36.67	400m:	6:18.05	1:37.64	600m:	9:32.56	1:37.59	800m:	12:29.11	1:24.07
6.	VAN DYCK, Lise		KST/20137/03		NT		12:33.73		281			
	100m:	1:28.24	1:28.24	300m:	4:42.24	1:38.29	500m:	7:56.84	1:37.25	700m:	11:05.69	1:32.93
	200m:	3:03.95	1:35.71	400m:	6:19.59	1:37.35	600m:	9:32.76	1:35.92	800m:	12:33.73	1:28.04
7.	BUYK, Morgan		AZK/21001/02		NT		12:57.82		255			
	100m:	1:27.54	1:27.54	300m:	4:45.68	1:38.61	500m:	8:06.60	1:39.66	700m:	11:26.35	1:39.28
	200m:	3:07.07	1:39.53	400m:	6:26.94	1:41.26	600m:	9:47.07	1:40.47	800m:	12:57.82	1:31.47
8.	BOUWENS, Bérénice		ZVL/21006/02		NT		13:09.63		244			
	100m:	1:31.09	1:31.09	300m:	4:49.50	1:41.06	500m:	8:11.83	1:41.24	700m:	11:38.88	1:43.26
	200m:	3:08.44	1:37.35	400m:	6:30.59	1:41.09	600m:	9:55.62	1:43.79	800m:	13:09.63	1:30.75
9.	BEREBROUCKX, Nele		AZK/21005/02		NT		13:19.06		236			
	100m:	1:30.04	1:30.04	300m:	4:54.10	1:42.23	500m:	8:17.45	1:41.69	700m:	11:41.32	1:41.66
	200m:	3:11.87	1:41.83	400m:	6:35.76	1:41.66	600m:	9:59.66	1:42.21	800m:	13:19.06	1:37.74
10.	KENNIS, Nathalie		KST/20122/02		14:07.25		13:39.44		218			
	100m:	1:34.42	1:34.42	300m:	5:05.84	1:46.68	500m:	8:35.97	1:43.56	700m:	12:02.59	1:42.80
	200m:	3:19.16	1:44.74	400m:	6:52.41	1:46.57	600m:	10:19.79	1:43.82	800m:	13:39.44	1:36.85
11.	JACOB, Yu		ZVL/20186/03		NT		14:15.91		192			
	100m:	1:38.70	1:38.70	300m:	5:14.46	1:49.76	500m:	8:55.07	1:49.86	700m:	12:32.42	1:47.45
	200m:	3:24.70	1:46.00	400m:	7:05.21	1:50.75	600m:	10:44.97	1:49.90	800m:	14:15.91	1:43.49
13 - 14 jaar												
1.	JOCHEMS, Charissa		SHARK/20438/01		10:15.55		9:41.54		LV H	612		
	100m:	1:08.28	1:08.28	300m:	3:36.75	1:14.69	500m:	6:04.95	1:13.53	700m:	8:32.17	1:13.22
	200m:	2:22.06	1:13.78	400m:	4:51.42	1:14.67	600m:	7:18.95	1:14.00	800m:	9:41.54	1:09.37
2.	OP DE BEECK, Tine		ZVL/20155/00		10:43.18		10:33.85		472			
	100m:	1:15.03	1:15.03	300m:	3:56.15	1:20.30	500m:	6:36.79	1:19.50	700m:	9:16.48	1:19.66
	200m:	2:35.85	1:20.82	400m:	5:17.29	1:21.14	600m:	7:56.82	1:20.03	800m:	10:33.85	1:17.37
3.	VAN DE VELDE, Sien		SHARK/20408/01		11:01.17		10:56.09		426			
	100m:	1:16.58	1:16.58	300m:	4:02.46	1:22.94	500m:	6:49.75	1:23.61	700m:	9:36.40	1:22.77
	200m:	2:39.52	1:22.94	400m:	5:26.14	1:23.68	600m:	8:13.63	1:23.88	800m:	10:56.09	1:19.69
4.	MOUS, Anke		AZK/20237/00		11:58.24		11:06.44		406			
	100m:	1:16.97	1:16.97	300m:	4:06.79	1:25.23	500m:	6:57.25	1:25.32	700m:	9:46.44	1:25.09
	200m:	2:41.56	1:24.59	400m:	5:31.93	1:25.14	600m:	8:21.35	1:24.10	800m:	11:06.44	1:20.00

Lange afstand
Antwerpen, 19/10/2014

Programmanr. 1, Meisjes, 800m vrije slag, 13 - 14 jaar

Rang									Tijd	Pnt		
5.	CUYVERS, Fien		MOZKA/20324/00		12:08.51		11:10.46		399			
	100m:	1:18.57	1:18.57	300m:	4:08.96	1:26.55	500m:	6:59.99	1:24.89	700m:	9:50.08	1:25.25
	200m:	2:42.41	1:23.84	400m:	5:35.10	1:26.14	600m:	8:24.83	1:24.84	800m:	11:10.46	1:20.38
6.	VAN GENECHTEN, Anouk		SHARK/20368/00		11:43.71		11:13.11		394			
	100m:	1:18.63	1:18.63	300m:	4:08.63	1:25.10	500m:	6:58.72	1:24.94	700m:	9:49.57	1:25.37
	200m:	2:43.53	1:24.90	400m:	5:33.78	1:25.15	600m:	8:24.20	1:25.48	800m:	11:13.11	1:23.54
7.	LUYCKX, Marthe		VWZ/20211/01		12:19.18		11:42.25		347			
	100m:	1:19.99	1:19.99	300m:	4:18.72	1:29.67	500m:	7:18.46	1:29.63	700m:	10:18.44	1:29.33
	200m:	2:49.05	1:29.06	400m:	5:48.83	1:30.11	600m:	8:49.11	1:30.65	800m:	11:42.25	1:23.81
8.	VAN DOOREN, Evelyne		BRABO/20957/01		NT		11:46.74		341			
	100m:	1:22.26	1:22.26	300m:	4:25.03	1:31.69	500m:	7:23.66	1:30.35	700m:	10:24.16	1:29.85
	200m:	2:53.34	1:31.08	400m:	5:53.31	1:28.28	600m:	8:54.31	1:30.65	800m:	11:46.74	1:22.58
9.	DE CUYPER, Emily		ZGEEL/20068/00		12:29.27		11:53.59		331			
	100m:	1:20.05	1:20.05	300m:	4:17.70	1:29.54	500m:	7:19.94	1:31.34	700m:	10:24.68	1:31.88
	200m:	2:48.16	1:28.11	400m:	5:48.60	1:30.90	600m:	8:52.80	1:32.86	800m:	11:53.59	1:28.91
10.	VAN PUIJENBROEK, Anke		KST/20130/01		13:44.46		12:49.30		264			
	100m:	1:25.70	1:25.70	300m:	4:38.06	1:34.79	500m:	7:56.01	1:40.01	700m:	11:14.17	1:39.41
	200m:	3:03.27	1:37.57	400m:	6:16.00	1:37.94	600m:	9:34.76	1:38.75	800m:	12:49.30	1:35.13

15 - 16 jaar

1.	BIESEMANS, Boo		SHARK/20361/99		9:42.47		9:48.62 LV		590			
	100m:	1:07.92	1:07.92	300m:	3:36.42	1:14.42	500m:	6:05.03	1:13.56	700m:	8:34.79	1:15.10
	200m:	2:22.00	1:14.08	400m:	4:51.47	1:15.05	600m:	7:19.69	1:14.66	800m:	9:48.62	1:13.83
2.	DE VET, Hanne		AZK/20188/98		9:54.34		10:09.65		531			
	100m:	1:09.71	1:09.71	300m:	3:42.89	1:16.75	500m:	6:18.14	1:17.76	700m:	8:53.36	1:17.63
	200m:	2:26.14	1:16.43	400m:	5:00.38	1:17.49	600m:	7:35.73	1:17.59	800m:	10:09.65	1:16.29
3.	ROMBOUTS, Liesje		AZK/20226/99		NT		11:39.63		351			
	100m:	1:19.64	1:19.64	300m:	4:15.06	1:28.07	500m:	7:14.05	1:29.82	700m:	10:14.16	1:29.78
	200m:	2:46.99	1:27.35	400m:	5:44.23	1:29.17	600m:	8:44.38	1:30.33	800m:	11:39.63	1:25.47
4.	JANSSENS, Sofie		ZVL/20162/98		12:07.43		11:42.29		347			
	100m:	1:19.76	1:19.76	300m:	4:18.80	1:29.86	500m:	7:19.24	1:30.52	700m:	10:18.60	1:29.83
	200m:	2:48.94	1:29.18	400m:	5:48.72	1:29.92	600m:	8:48.77	1:29.53	800m:	11:42.29	1:23.69
5.	VAN PUIJENBROEK, Leny		KST/20108/99		13:00.30		12:40.62		273			
	100m:	1:29.13	1:29.13	300m:	4:41.52	1:36.65	500m:	7:57.73	1:37.73	700m:	11:09.65	1:35.57
	200m:	3:04.87	1:35.74	400m:	6:20.00	1:38.48	600m:	9:34.08	1:36.35	800m:	12:40.62	1:30.97

17 jaar en ouder

1.	DIJCKMANS, Kaat		KST/20095/97		11:15.84		11:17.54		387			
	100m:	1:17.40	1:17.40	300m:	4:10.31	1:26.78	500m:	7:04.65	1:26.63	700m:	9:56.60	1:24.60
	200m:	2:43.53	1:26.13	400m:	5:38.02	1:27.71	600m:	8:32.00	1:27.35	800m:	11:17.54	1:20.94
2.	DE JONGH, Jennifer		ZVL/20096/94		10:59.76		11:56.40		327			
	100m:	1:23.02	1:23.02	300m:	4:23.78	1:30.86	500m:	7:26.90	1:31.49	700m:	10:27.27	
	200m:	2:52.92	1:29.90	400m:	5:55.41	1:31.63	600m:			800m:	11:56.40	1:29.13

Lange afstand
Antwerpen, 19/10/2014

Programmanr. 2
19/10/2014 - 9:55

Heren, 1500m vrije slag

11 jaar en ouder
Resultaten

loodsvisjes 2014 13: 20:16.80; 14: 19:14.10; 15: 18:33.50; 16: 17:51.60; 17: 17:34.10; 18: 17:21.00; 19 +: 16:56.80 /
Haai 2014 13: 19:22.00; 14: 18:12.00; 15: 17:55.00; 16: 17:27.00; 17: 16:54.50; 18: 16:54.00; 19 +: 16:53.50

Punten: FINA 2014

Rang									Tijd	Pnt		
11 - 12 jaar												
1.	DE MEYER, Niels		BRABO/10982/02		NT		20:30.89			354		
	100m:	1:16.78	1:16.78	500m:	6:48.86	1:23.00	900m:	12:21.42	1:23.16	1300m:	17:52.50	1:22.66
	200m:	2:39.81	1:23.03	600m:	8:12.05	1:23.19	1000m:	13:45.72	1:24.30	1400m:	19:13.91	1:21.41
	300m:	4:02.56	1:22.75	700m:	9:35.81	1:23.76	1100m:	15:08.26	1:22.54	1500m:	20:30.89	1:16.98
	400m:	5:25.86	1:23.30	800m:	10:58.26	1:22.45	1200m:	16:29.84	1:21.58			
2.	BOMANS, Jan		BRABO/10004/02		NT		20:39.09			347		
	100m:	1:18.45	1:18.45	500m:	6:55.13	1:23.94	900m:	12:28.28	1:21.88	1300m:	17:56.97	1:22.66
	200m:	2:42.85	1:24.40	600m:	8:18.67	1:23.54	1000m:	13:51.09	1:22.81	1400m:	19:19.51	1:22.54
	300m:	4:07.80	1:24.95	700m:	9:42.09	1:23.42	1100m:	15:12.39	1:21.30	1500m:	20:39.09	1:19.58
	400m:	5:31.19	1:23.39	800m:	11:06.40	1:24.31	1200m:	16:34.31	1:21.92			
3.	VERBIST, Siebe		HZA/10100/02		NT		20:48.59			339		
	100m:	1:17.74	1:17.74	500m:	6:52.35	1:23.49	900m:	12:26.62	1:23.96	1300m:	18:03.72	1:25.55
	200m:	2:40.83	1:23.09	600m:	8:15.91	1:23.56	1000m:	13:50.32	1:23.70	1400m:	19:27.91	1:24.19
	300m:	4:04.94	1:24.11	700m:	9:39.08	1:23.17	1100m:	15:13.95	1:23.63	1500m:	20:48.59	1:20.68
	400m:	5:28.86	1:23.92	800m:	11:02.66	1:23.58	1200m:	16:38.17	1:24.22			
4.	RAETS, Sander		BRABO/10005/02		NT		21:55.46			290		
	100m:	1:22.78	1:22.78	500m:	7:14.84	1:26.91	900m:	13:07.88	1:29.46	1300m:	19:07.48	1:30.09
	200m:	2:50.93	1:28.15	600m:	8:42.18	1:27.34	1000m:	14:39.00	1:31.12	1400m:	20:34.57	1:27.09
	300m:	4:19.35	1:28.42	700m:	10:10.42	1:28.24	1100m:	16:08.85	1:29.85	1500m:	21:55.46	1:20.89
	400m:	5:47.93	1:28.58	800m:	11:38.42	1:28.00	1200m:	17:37.39	1:28.54			
5.	VAN DYCK, Bram		KST/10123/02		NT		22:10.84			280		
	100m:	1:21.52	1:21.52	500m:	7:21.23	1:32.35	900m:	13:21.75	1:29.41	1300m:	19:17.93	1:31.39
	200m:	2:48.91	1:27.39	600m:	8:50.75	1:29.52	1000m:	14:52.09	1:30.34	1400m:	20:47.55	1:29.62
	300m:	4:18.53	1:29.62	700m:	10:21.43	1:30.68	1100m:	16:18.11	1:26.02	1500m:	22:10.84	1:23.29
	400m:	5:48.88	1:30.35	800m:	11:52.34	1:30.91	1200m:	17:46.54	1:28.43			
6.	MARICHAL, Jarno		BRABO/10020/03		NT		22:51.57			256		
	100m:	1:23.06	1:23.06	500m:	7:33.66	1:32.49	900m:	13:44.49	1:32.95	1300m:	19:57.55	1:31.27
	200m:	2:55.26	1:32.20	600m:	9:06.08	1:32.42	1000m:	15:18.61	1:34.12	1400m:	21:29.82	1:32.27
	300m:	4:27.89	1:32.63	700m:	10:39.10	1:33.02	1100m:	16:52.27	1:33.66	1500m:	22:51.57	1:21.75
	400m:	6:01.17	1:33.28	800m:	12:11.54	1:32.44	1200m:	18:26.28	1:34.01			
7.	STESMANS, Jelle		VWZ/11008/03		NT		23:15.57			243		
	100m:	1:21.17	1:21.17	500m:	7:34.73	1:34.36	900m:	13:50.68	1:33.95	1300m:	20:11.25	1:35.96
	200m:	2:52.40	1:31.23	600m:	9:08.28	1:33.55	1000m:	15:24.61	1:33.93	1400m:	21:45.02	1:33.77
	300m:	4:25.94	1:33.54	700m:	10:43.13	1:34.85	1100m:	16:59.29	1:34.68	1500m:	23:15.57	1:30.55
	400m:	6:00.37	1:34.43	800m:	12:16.73	1:33.60	1200m:	18:35.29	1:36.00			
8.	TSYBOULEVSKIJ, Robert		BRABO/10041/03		NT		24:58.03			196		
	100m:	1:32.44	1:32.44	500m:	8:18.84	1:42.16	900m:	15:07.03	1:42.10	1300m:	21:50.19	1:40.29
	200m:	3:12.20	1:39.76	600m:	10:00.98	1:42.14	1000m:	16:49.01	1:41.98	1400m:	23:29.05	1:38.86
	300m:	4:54.35	1:42.15	700m:	11:42.43	1:41.45	1100m:	18:30.19	1:41.18	1500m:	24:58.03	1:28.98
	400m:	6:36.68	1:42.33	800m:	13:24.93	1:42.50	1200m:	20:09.90	1:39.71			
13 - 14 jaar												
1.	LEENDERS, Bram		SHARK/10363/00		NT		18:47.82		LV	460		
	100m:	1:10.92	1:10.92	500m:	6:14.14	1:15.88	900m:	11:17.82	1:15.77	1300m:	16:22.08	1:15.63
	200m:	2:26.72	1:15.80	600m:	7:29.86	1:15.72	1000m:	12:34.44	1:16.62	1400m:	17:37.18	1:15.10
	300m:	3:42.59	1:15.87	700m:	8:46.02	1:16.16	1100m:	13:50.14	1:15.70	1500m:	18:47.82	1:10.64
	400m:	4:58.26	1:15.67	800m:	10:02.05	1:16.03	1200m:	15:06.45	1:16.31			
2.	VAN ROMPAEY, Dries		BRABO/10961/01		21:07.32		20:00.27		LV	382		
	100m:	1:12.17	1:12.17	500m:	6:34.10	1:20.13	900m:	11:55.44	1:20.37	1300m:	17:22.21	1:22.20
	200m:	2:32.05	1:19.88	600m:	7:54.21	1:20.11	1000m:	13:16.70	1:21.26	1400m:	18:44.76	1:22.55
	300m:	3:52.92	1:20.87	700m:	9:14.49	1:20.28	1100m:	14:38.00	1:21.30	1500m:	20:00.27	1:15.51
	400m:	5:13.97	1:21.05	800m:	10:35.07	1:20.58	1200m:	16:00.01	1:22.01			

Lange afstand
Antwerpen, 19/10/2014

Programmanr. 2, Jongens, 1500m vrije slag, 13 - 14 jaar

Rang											Tijd	Pnt			
3.	DE PEUTER, Sam										KST/10097/00	NT	20:15.50	367	
	100m:	1:12.38	1:12.38	500m:	6:38.37	1:22.23	900m:	12:06.99	1:22.66	1300m:	17:36.48	1:22.27			
	200m:	2:32.24	1:19.86	600m:	8:00.10	1:21.73	1000m:	13:30.59	1:23.60	1400m:	18:57.71	1:21.23			
	300m:	3:54.04	1:21.80	700m:	9:22.65	1:22.55	1100m:	14:52.32	1:21.73	1500m:	20:15.50	1:17.79			
	400m:	5:16.14	1:22.10	800m:	10:44.33	1:21.68	1200m:	16:14.21	1:21.89						
4.	HOREMANS, Ruben										SHARK/10449/01	NT	20:30.30	354	
	100m:	1:14.71	1:14.71	500m:	6:43.04	1:21.95	900m:	12:15.54	1:22.89	1300m:	17:49.53	1:23.65			
	200m:	2:36.04	1:21.33	600m:	8:06.09	1:23.05	1000m:	13:39.25	1:23.71	1400m:	19:12.44	1:22.91			
	300m:	3:57.89	1:21.85	700m:	9:29.39	1:23.30	1100m:	15:01.94	1:22.69	1500m:	20:30.30	1:17.86			
	400m:	5:21.09	1:23.20	800m:	10:52.65	1:23.26	1200m:	16:25.88	1:23.94						
5.	BERGES, Jens										HZA/10298/01	NT	20:41.32	345	
	100m:	1:18.81	1:18.81	500m:	6:51.21	1:23.44	900m:	12:25.22	1:24.13	1300m:	18:00.71	1:23.54			
	200m:	2:41.79	1:22.98	600m:	8:14.86	1:23.65	1000m:	13:50.40	1:25.18	1400m:	19:24.43	1:23.72			
	300m:	4:05.01	1:23.22	700m:	9:38.73	1:23.87	1100m:	15:13.06	1:22.66	1500m:	20:41.32	1:16.89			
	400m:	5:27.77	1:22.76	800m:	11:01.09	1:22.36	1200m:	16:37.17	1:24.11						
6.	BELLENS, Jens										SHARK/10493/01	NT	21:02.67	328	
	100m:	1:19.13	1:19.13	500m:	6:58.50	1:25.60	900m:	12:35.14	1:23.62	1300m:	18:16.10	1:25.61			
	200m:	2:43.48	1:24.35	600m:	8:23.01	1:24.51	1000m:	14:00.69	1:25.55	1400m:	19:40.38	1:24.28			
	300m:	4:07.67	1:24.19	700m:	9:46.71	1:23.70	1100m:	15:24.92	1:24.23	1500m:	21:02.67	1:22.29			
	400m:	5:32.90	1:25.23	800m:	11:11.52	1:24.81	1200m:	16:50.49	1:25.57						
7.	SMET, Liam										AZK/10231/00	NT	21:30.44	307	
	100m:	1:17.86	1:17.86	500m:	7:06.81	1:28.70	900m:	12:54.78	1:26.64	1300m:	18:43.13	1:26.55			
	200m:	2:43.66	1:25.80	600m:	8:33.98	1:27.17	1000m:	14:21.85	1:27.07	1400m:	20:08.81	1:25.68			
	300m:	4:10.56	1:26.90	700m:	10:01.62	1:27.64	1100m:	15:49.69	1:27.84	1500m:	21:30.44	1:21.63			
	400m:	5:38.11	1:27.55	800m:	11:28.14	1:26.52	1200m:	17:16.58	1:26.89						
8.	MENTEN, Yari										ZGEEL/10130/01	NT	21:48.80	294	
	100m:	1:16.54	1:16.54	500m:	7:07.89	1:29.79	900m:	13:00.95	1:27.43	1300m:	18:57.92	1:30.44			
	200m:	2:42.78	1:26.24	600m:	8:36.61	1:28.72	1000m:	14:29.69	1:28.74	1400m:	20:26.98	1:29.06			
	300m:	4:10.52	1:27.74	700m:	10:04.47	1:27.86	1100m:	15:58.47	1:28.78	1500m:	21:48.80	1:21.82			
	400m:	5:38.10	1:27.58	800m:	11:33.52	1:29.05	1200m:	17:27.48	1:29.01						
9.	CLAES, Ryan										VWZ/10219/01	NT	21:54.09	291	
	100m:	1:18.77	1:18.77	500m:	7:09.26	1:30.74	900m:	13:08.27	1:29.57	1300m:	19:03.60	1:28.71			
	200m:	2:42.52	1:23.75	600m:	8:39.99	1:30.73	1000m:	14:37.51	1:29.24	1400m:	20:32.21	1:28.61			
	300m:	4:09.96	1:27.44	700m:	10:08.78	1:28.79	1100m:	16:06.60	1:29.09	1500m:	21:54.09	1:21.88			
	400m:	5:38.52	1:28.56	800m:	11:38.70	1:29.92	1200m:	17:34.89	1:28.29						
10.	BOONEN, Fabian										BRABO/10941/01	NT	22:38.63	263	
	100m:	1:23.86	1:23.86	500m:	7:33.13	1:32.19	900m:	13:38.18	1:31.48	1300m:	19:45.73	1:31.21			
	200m:	2:55.10	1:31.24	600m:	9:04.28	1:31.15	1000m:	15:10.80	1:32.62	1400m:	21:14.94	1:29.21			
	300m:	4:28.16	1:33.06	700m:	10:35.28	1:31.00	1100m:	16:42.87	1:32.07	1500m:	22:38.63	1:23.69			
	400m:	6:00.94	1:32.78	800m:	12:06.70	1:31.42	1200m:	18:14.52	1:31.65						
11.	HUYBRECHTS, Nik										BRABO/10979/01	NT	23:01.86	250	
	100m:	1:23.39	1:23.39	500m:	7:33.97	1:34.39	900m:	13:45.66	1:33.16	1300m:	20:03.26	1:34.87			
	200m:	2:54.33	1:30.94	600m:	9:07.52	1:33.55	1000m:	15:20.88	1:35.22	1400m:	21:36.15	1:32.89			
	300m:	4:26.93	1:32.60	700m:	10:39.08	1:31.56	1100m:	16:54.89	1:34.01	1500m:	23:01.86	1:25.71			
	400m:	5:59.58	1:32.65	800m:	12:12.50	1:33.42	1200m:	18:28.39	1:33.50						
dis	DEVOS, David										AZK/10229/00	NT		dis	
	<i>SW 4.4 - valse start</i>														
15 - 16 jaar															
1.	WILLEMS, Bruno										ZVL/10136/99	20:24.41	18:08.48	LV	512
	100m:	1:07.15	1:07.15	500m:	6:01.24	1:13.26	900m:	10:55.97	1:13.88	1300m:	15:49.24	1:12.83			
	200m:	2:20.56	1:13.41	600m:	7:13.90	1:12.66	1000m:	12:09.54	1:13.57	1400m:	17:00.98	1:11.74			
	300m:	3:34.45	1:13.89	700m:	8:28.22	1:14.32	1100m:	13:22.75	1:13.21	1500m:	18:08.48	1:07.50			
	400m:	4:47.98	1:13.53	800m:	9:42.09	1:13.87	1200m:	14:36.41	1:13.66						
2.	AERTS, Noury										ZVL/10178/99	NT	19:18.76	424	
	100m:	1:10.68	1:10.68	500m:	6:24.04	1:18.48	900m:	11:35.03	1:17.39	1300m:	16:46.75	1:18.34			
	200m:	2:28.23	1:17.55	600m:	7:42.03	1:17.99	1000m:	12:52.94	1:17.91	1400m:	18:04.16	1:17.41			
	300m:	3:46.65	1:18.42	700m:	8:59.85	1:17.82	1100m:	14:10.85	1:17.91	1500m:	19:18.76	1:14.60			
	400m:	5:05.56	1:18.91	800m:	10:17.64	1:17.79	1200m:	15:28.41	1:17.56						

Lange afstand
Antwerpen, 19/10/2014

Programmanr. 2, Jongens, 1500m vrije slag, 15 - 16 jaar

Rang											Tijd	Pnt		
3.	SMETS, Jeroen										HZA/10230/98	20:50.55	19:25.49	417
	100m:	1:11.16	1:11.16	500m:	6:18.93	1:17.27	900m:	11:32.21	1:18.63	1300m:	16:51.31	1:20.23		
	200m:	2:28.17	1:17.01	600m:	7:36.32	1:17.39	1000m:	12:51.62	1:19.41	1400m:	18:10.37	1:19.06		
	300m:	3:45.17	1:17.00	700m:	8:54.78	1:18.46	1100m:	14:11.38	1:19.76	1500m:	19:25.49	1:15.12		
	400m:	5:01.66	1:16.49	800m:	10:13.58	1:18.80	1200m:	15:31.08	1:19.70					
4.	CLAASSEN, Flavio										KST/10087/99	21:35.11	21:06.73	325
	100m:	1:12.90	1:12.90	500m:	6:48.06	1:24.57	900m:	12:30.34	1:26.54	1300m:	18:17.50	1:26.72		
	200m:	2:34.15	1:21.25	600m:	8:13.80	1:25.74	1000m:	13:57.55	1:27.21	1400m:	19:43.94	1:26.44		
	300m:	3:57.60	1:23.45	700m:	9:38.68	1:24.88	1100m:	15:23.97	1:26.42	1500m:	21:06.73	1:22.79		
	400m:	5:23.49	1:25.89	800m:	11:03.80	1:25.12	1200m:	16:50.78	1:26.81					
17 jaar en ouder														
1.	BOLCKMANS, Lenz										KST/10009/93	18:32.03	18:08.41	512
	100m:	1:04.83	1:04.83	500m:	5:59.60	1:14.14	900m:	10:56.11	1:14.03	1300m:	15:49.18	1:12.67		
	200m:	2:17.22	1:12.39	600m:	7:13.61	1:14.01	1000m:	12:10.28	1:14.17	1400m:	17:01.64	1:12.46		
	300m:	3:31.17	1:13.95	700m:	8:27.77	1:14.16	1100m:	13:23.44	1:13.16	1500m:	18:08.41	1:06.77		
	400m:	4:45.46	1:14.29	800m:	9:42.08	1:14.31	1200m:	14:36.51	1:13.07					
2.	DE VET, Seppe										AZK/10199/97	18:58.66	19:32.69	409
	100m:	1:09.88	1:09.88	500m:	6:24.22	1:19.58	900m:	11:40.74	1:18.15	1300m:	16:56.71	1:20.05		
	200m:	2:26.99	1:17.11	600m:	7:43.19	1:18.97	1000m:	12:59.17	1:18.43	1400m:	18:16.14	1:19.43		
	300m:	3:45.04	1:18.05	700m:	9:02.98	1:19.79	1100m:	14:17.56	1:18.39	1500m:	19:32.69	1:16.55		
	400m:	5:04.64	1:19.60	800m:	10:22.59	1:19.61	1200m:	15:36.66	1:19.10					
3.	AERTS, Arno										ZVL/10165/97	NT	19:47.60	394
	100m:	1:10.96	1:10.96	500m:	6:27.36	1:19.85	900m:	11:48.16	1:20.89	1300m:	17:10.97	1:20.95		
	200m:	2:28.75	1:17.79	600m:	7:47.50	1:20.14	1000m:	13:08.57	1:20.41	1400m:	18:30.60	1:19.63		
	300m:	3:47.54	1:18.79	700m:	9:06.89	1:19.39	1100m:	14:29.22	1:20.65	1500m:	19:47.60	1:17.00		
	400m:	5:07.51	1:19.97	800m:	10:27.27	1:20.38	1200m:	15:50.02	1:20.80					
4.	VERCAMMEN, Sten										ZVL/10113/93	20:30.00	20:25.62	358
	100m:	1:10.44	1:10.44	500m:	6:31.60	1:21.21	900m:	12:04.13	1:23.84	1300m:	17:39.86	1:23.43		
	200m:	2:29.74	1:19.30	600m:	7:53.73	1:22.13	1000m:	13:28.05	1:23.92	1400m:	19:03.57	1:23.71		
	300m:	3:49.75	1:20.01	700m:	9:17.00	1:23.27	1100m:	14:52.37	1:24.32	1500m:	20:25.62	1:22.05		
	400m:	5:10.39	1:20.64	800m:	10:40.29	1:23.29	1200m:	16:16.43	1:24.06					
dis	BAEYENS, Lars										SHARK/10214/95	17:56.02		dis
	<i>SW 10.2 - niet de volledige afstand gezwommen</i>													