

Lange Afstand 20012

Wedstrijd 1: **200 Wisselslag** **50** **100** **150** **200**

1	Kasper Van Eetvelde	200 Wisselslag	2003 M	<u>0:53,21</u>	<u>1:51,52</u>	<u>2:57,16</u>	<u>3:44,51</u>
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Wedstrijd 2: **400 Wisselslag** **100** **200** **300** **400**

1	De Vet Hanne	400 Wisselslag	1998 V	<u>1:18,66</u>	<u>2:39,06</u>	<u>4:20,66</u>	<u>5:34,52</u>
2	Vereeck Lore	400 Wisselslag	1995 V	<u>1:20,27</u>	<u>2:54,00</u>	<u>4:35,00</u>	<u>6:01,99</u>
3	devos David	400 Wisselslag	2000 M	<u>1:22,05</u>	<u>2:58,63</u>	<u>4:19,02</u>	<u>6:15,11</u>
4	Stieltjes Karen	400 Wisselslag	1999 V	<u>1:38,08</u>	<u>3:12,96</u>	<u>4:56,96</u>	<u>6:16,71</u>
5	Stieltjes Anne	400 Wisselslag	2001 V	<u>1:35,34</u>	<u>3:13,70</u>	<u>4:55,70</u>	<u>6:22,06</u>

Wedstrijd 3: **800 Wisselslag** **100** **200** **300** **400** **800**

1	Geers Jiri	800 Wisselslag	1974 M	<u>1:23,38</u>	<u>2:56,94</u>	<u>6:23,63</u>	<u>9:28,19</u>	<u>12:19,89</u>
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Wedstrijd 4: **200 Rugslag** **50** **100** **150** **200**

1	Buyck Nathan	200 Rugslag	2002 M	<u>0:46,84</u>	<u>1:37,09</u>	<u>2:29,09</u>	<u>3:18,04</u>
2	devos Tammy	200 Rugslag	2002 V	<u>0:52,59</u>	<u>1:52,72</u>	<u>2:56,98</u>	<u>3:56,29</u>

Wedstrijd 5: **200 Schoolslag** **50** **100** **150** **200**

1	Hansen Hannelore	200 Schoolslag	2002 V	<u>0:57,14</u>	<u>2:04,65</u>	<u>3:12,26</u>	<u>4:16,93</u>
	Cornelissen Yenzo	200 Schoolslag	2000 M	<u>1:03,55</u>	<u>2:15,91</u>	<u>3:29,67</u>	<u>4:39,89</u>
	Ost Michiel	200 Schoolslag	2004 M	<u>1:16,22</u>	<u>2:44,06</u>	<u>4:12,41</u>	<u>5:38,37</u>

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Wedstrijd 6: 800 Vrije slag **100 **200** **400** **600** **800****

1	De Vet Seppe	800 Vrije slag	1997	M	<u>1:08,20</u>	<u>2:21,35</u>	<u>4:50,09</u>	<u>7:20,58</u>	<u>9:46,34</u>
2	Janssens Robbe	800 Vrije slag	1997	M	<u>1:07,37</u>	<u>2:22,50</u>	<u>5:02,18</u>	<u>7:44,94</u>	<u>10:26,44</u>
3	Vorsselmans Jorinde	800 Vrije slag	1996	V	<u>1:13,77</u>	<u>2:35,57</u>	<u>5:21,59</u>	<u>8:06,95</u>	<u>10:47,54</u>
4	Mous Anke	800 Vrije slag	2000	V	<u>1:21,60</u>	<u>2:54,32</u>	<u>6:02,33</u>	<u>9:14,30</u>	<u>12:20,81</u>

Wedstrijd 7: 400 Rugslag **100 **200** **300** **400****

1	Vereeck Sarah	400 Rugslag	1997	V	<u>1:26,27</u>	<u>2:59,51</u>	<u>4:33,40</u>	<u>6:06,13</u>
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Wedstrijd 8: 400 Schoolsag **100 **200** **300** **400****

1	Goossenaerts Hadewig	400 Schoolsag	1998	V	<u>1:26,91</u>	<u>3:06,01</u>	<u>4:46,04</u>	<u>6:25,78</u>
2	Uytdewilligen Liesbeth	400 Schoolsag	2001	V	<u>1:44,31</u>	<u>3:35,94</u>	<u>5:25,72</u>	<u>7:14,40</u>
3	Rombouts Liesje	400 Schoolsag	1999	V	<u>1:43,81</u>	<u>3:35,16</u>	<u>5:25,84</u>	<u>7:16,59</u>
4	Berebrouckx Nele	400 Schoolsag	2002	V	<u>2:09,02</u>	<u>4:28,84</u>	<u>6:49,16</u>	<u>9:06,25</u>
	Op De Beeck Lander	400 Schoolsag	2001	M	<u>2:06,49</u>	<u>4:29,30</u>	<u>6:48,91</u>	<u>9:04,61</u>

Wedstrijd 9: 400 Vlinderslag **100 **200** **300** **400****

	Aaron Schuerman	400 Dolfijn	1998	M	<u>1:40,18</u>	<u>3:37,57</u>	<u>5:34,44</u>	<u>7:31,26</u>
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Wedstrijd 10: 400 Vrije Slag **100 **200** **300** **400****

1	Vorsselmans Karo	400 Vrije Slag	1999	V	<u>1:17,96</u>	<u>2:43,77</u>	<u>4:11,95</u>	<u>5:35,26</u>
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<u>Wedstrijd 11:</u>	<u>1500 Vrije slag</u>			100	200	400	800	1500
1	Van Riel Marten	1500 Vrije slag	1992 M	<u>1:04,19</u>	<u>2:14,25</u>	<u>4:36,44</u>	<u>9:22,75</u>	<u>17:36,64</u>
2	Goetstouwers Stenn	1500 Vrije slag	1992 M	<u>1:03,76</u>	<u>2:13,38</u>	<u>4:36,20</u>	<u>9:29,28</u>	<u>18:06,28</u>
3	Van Den Heuvel Sander	1500 Vrije slag	1991 M	<u>1:12,53</u>	<u>2:34,33</u>	<u>5:17,19</u>	<u>10:46,86</u>	<u>20:20,50</u>