

Lange Afstand 2018

**Wedstrijd 1:**      **200 Schoolslag.**                      **100**      **200**      **300**      **400**

1	Aagje Cornelissens	2007	V	<u>0:56,50</u>	<u>2:00,40</u>	<u>3:06,22</u>	<u>4:12,15</u>
2	Jolien Van der Horst	2009	V	<u>1:09,00</u>	<u>2:26,38</u>	<u>3:45,59</u>	<u>4:58,80</u>
3	Jesse Janssens	2009	M	<u>1:09,52</u>	<u>2:24,21</u>	<u>3:43,58</u>	<u>5:04,07</u>

**Wedstrijd 2:**      **200 Vrije Slag**                      **50**      **100**      **150**      **200**

1	Mats Van Esbroeck	2009	M	<u>0:46,15</u>	<u>1:37,36</u>	<u>2:27,16</u>	<u>3:21,20</u>
2	Quinten Jorissen	2009	M	<u>0:50,15</u>	<u>1:44,72</u>	<u>2:41,40</u>	<u>3:34,47</u>
3	Ilyan Van Eijndhoven	2009	M	<u>0:54,20</u>		<u>3:03,84</u>	<u>4:05,88</u>

**Wedstrijd 3:**      **200 Wisselslag.**                      **50**      **100**      **150**      **200**

1	Roos Aernouts	2008	V	<u>0:48,37</u>	<u>1:37,54</u>	<u>2:35,43</u>	<u>3:18,71</u>
2	Hanne Luyten	2008	V	<u>0:46,05</u>	<u>1:39,72</u>	<u>2:36,25</u>	<u>3:25,47</u>
3	Warre Geens	2009	M	<u>0:50,63</u>	<u>1:45,31</u>	<u>2:48,38</u>	<u>3:36,86</u>
4	Mart Caenen	2009	V	<u>0:48,86</u>	<u>1:44,96</u>	<u>2:50,12</u>	<u>3:39,01</u>
	Beau Crocaerts	2003	M	<u>0:40,60</u>	<u>1:28,06</u>	<u>2:19,56</u>	<u>3:03,75</u>
	Yenzo Cornelissens	2002	M	<u>0:44,09</u>	<u>1:39,87</u>	<u>2:34,37</u>	<u>3:21,41</u>
	Katrien Uytdewilligen	2008	V	<u>0:52,62</u>	<u>1:48,94</u>	<u>2:54,51</u>	<u>3:43,97</u>

Te lang gedreven voor keerpunt rug  
keerpunt schoolslag met 1 hand  
Te lang gedreven voor keerpunt rug

**Wedstrijd 4:**      **400 Vrije Slag**                      **100**      **200**      **300**      **400**

1	Kyan Janssens	2003	M	<u>1:16,20</u>	<u>2:47,38</u>	<u>4:20,38</u>	<u>5:48,13</u>
2	Hanne Ceulemans	2008	V	<u>1:29,37</u>	<u>3:01,59</u>	<u>4:34,21</u>	<u>6:00,09</u>
3	Arne Mous	2005	M	<u>1:22,42</u>	<u>2:57,74</u>	<u>4:32,31</u>	<u>6:01,96</u>

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<b><u>Wedstrijd 5:</u></b>			<b><u>800 Vrije slag</u></b>				
			<b>100</b>	<b>200</b>	<b>400</b>	<b>600</b>	<b>800</b>
1	Niels Kuypers	2004 M	<u>1:19,66</u>	<u>2:42,91</u>	<u>5:28,13</u>	<u>8:14,31</u>	<u>10:51,66</u>
2	Nina Moreels	2006 V	<u>1:19,18</u>	<u>2:44,92</u>	<u>5:38,38</u>	<u>8:33,80</u>	<u>11:18,88</u>
3	Charlotte Van Esbroeck	2004 V	<u>1:20,13</u>	<u>2:46,74</u>	<u>5:45,99</u>	<u>8:50,52</u>	<u>11:49,74</u>
4	Liesbeth Uytdewilligen	2001 V	<u>1:23,51</u>	<u>2:55,69</u>	<u>6:03,26</u>	<u>9:13,76</u>	<u>12:17,80</u>
5	Wenke Geens	2007 V	<u>1:30,76</u>	<u>3:07,14</u>	<u>6:19,72</u>	<u>9:27,58</u>	<u>12:27,68</u>
6	Julie De Moor	2007 V	<u>1:31,55</u>	<u>3:10,47</u>	<u>6:27,55</u>	<u>9:41,75</u>	<u>12:40,22</u>
7	Marie Caenen	2007 V	<u>1:31,93</u>	<u>3:09,31</u>	<u>6:25,03</u>	<u>9:41,24</u>	<u>12:49,09</u>
8	Hanne Smets	2007 V	<u>1:32,22</u>	<u>3:09,69</u>	<u>6:25,72</u>	<u>9:42,65</u>	<u>12:49,62</u>
9	Kyan Francken	2007 M	<u>1:35,67</u>	<u>3:16,51</u>	<u>6:37,39</u>	<u>9:56,17</u>	<u>12:57,14</u>

<b><u>Wedstrijd 6:</u></b>			<b><u>1500 Vrije slag</u></b>				
			<b>100</b>	<b>200</b>	<b>400</b>	<b>800</b>	<b>1500</b>
1	Kasper Van Eetvelde	2003 M	<u>1:11,98</u>	<u>2:33,38</u>	<u>5:18,66</u>	<u>10:43,91</u>	<u>19:54,09</u>
2	Gilles Costermans	2003 M	<u>1:12,66</u>	<u>2:32,28</u>	<u>5:16,34</u>	<u>10:41,86</u>	<u>20:01,03</u>
3	Tiebe Francken	2006 M	<u>1:24,59</u>	<u>2:54,38</u>	<u>5:53,28</u>	<u>11:50,31</u>	<u>22:01,41</u>
4	Maartje Aernouts	2005 V	<u>1:23,82</u>	<u>2:53,70</u>	<u>5:52,16</u>	<u>11:48,49</u>	<u>22:01,47</u>

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Wedstrijd 5: 800 Vrije slag

Hanne Smets	
30	<u>43,75</u>
28	<u>1:32,22</u>
26	<u>2:21,79</u>
24	<u>3:09,69</u>
22	<u>3:58,72</u>
20	<u>4:47,94</u>
18	<u>5:36,22</u>
16	<u>6:25,72</u>
14	<u>7:14,90</u>
12	<u>8:04,22</u>
10	<u>8:53,30</u>
8	<u>9:42,65</u>
6	<u>10:31,15</u>
4	<u>11:20,22</u>
2	<u>12:07,69</u>
0	<u>12:49,62</u>

Marie Caenen	
30	<u>44,07</u>
28	<u>1:31,93</u>
26	<u>2:20,31</u>
24	<u>3:09,31</u>
22	<u>3:58,42</u>
20	<u>4:47,17</u>
18	<u>5:35,17</u>
16	<u>6:25,03</u>
14	<u>7:14,84</u>
12	<u>8:03,81</u>
10	<u>8:52,96</u>
8	<u>9:41,24</u>
6	<u>10:29,49</u>
4	<u>11:16,57</u>
2	<u>12:04,57</u>
0	<u>12:49,09</u>

Kyan Francken	
30	<u>45,86</u>
28	<u>1:35,67</u>
26	<u>2:26,84</u>
24	<u>3:16,51</u>
22	<u>4:06,45</u>
20	<u>4:56,64</u>
18	<u>5:46,68</u>
16	<u>6:37,39</u>
14	<u>7:28,04</u>
12	<u>8:18,32</u>
10	<u>9:06,97</u>
8	<u>9:56,17</u>
6	<u>10:41,67</u>
4	<u>11:28,46</u>
2	<u>          </u>
0	<u>12:57,14</u>

30	<u>          </u>
28	<u>          </u>
26	<u>          </u>
24	<u>          </u>
22	<u>          </u>
20	<u>          </u>
18	<u>          </u>
16	<u>          </u>
14	<u>          </u>
12	<u>          </u>
10	<u>          </u>
8	<u>          </u>
6	<u>          </u>
4	<u>          </u>
2	<u>          </u>
0	<u>          </u>

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Wedstrijd 5: 800 Vrije slag

	Julie De Moor	Wenke Geens	
30	42,69	42,86	30
28	1:31,55	1:30,76	28
26	2:20,83	2:18,65	26
24	3:10,47	3:07,14	24
22	4:00,62	3:55,27	22
20	4:49,22	4:43,05	20
18	5:37,72	5:31,54	18
16	6:27,55	6:19,72	16
14	7:15,87	7:07,13	14
12	8:05,47	7:53,94	12
10	8:54,47	8:41,11	10
8	9:41,75	9:27,58	8
6	10:26,55	10:14,43	6
4	11:13,40	11:00,86	4
2	11:58,79	11:46,33	2
0	12:40,22	12:27,68	0

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Wedstrijd 5: 800 Vrije slag

Charlotte Van Esbroeck	
30	<u>37,45</u>
28	<u>1:20,13</u>
26	<u>2:03,70</u>
24	<u>2:46,74</u>
22	<u>3:30,70</u>
20	<u>4:16,03</u>
18	<u>5:00,35</u>
16	<u>5:45,99</u>
14	<u>6:31,58</u>
12	<u>7:18,10</u>
10	<u>8:04,25</u>
8	<u>8:50,52</u>
6	<u>9:36,81</u>
4	<u>10:22,60</u>
2	<u>11:06,92</u>
0	<u>11:49,74</u>

Niels Kuypers	
30	<u>36,91</u>
28	<u>1:19,66</u>
26	<u>2:02,53</u>
24	<u>2:42,91</u>
22	<u>3:24,23</u>
20	<u>4:05,41</u>
18	<u>4:46,98</u>
16	<u>5:28,13</u>
14	<u>6:09,53</u>
12	<u>6:51,06</u>
10	<u>7:33,31</u>
8	<u>8:14,31</u>
6	<u>8:54,31</u>
4	<u>9:34,13</u>
2	<u>10:14,16</u>
0	<u>10:51,66</u>

Nina Moreels	
30	<u>37,39</u>
28	<u>1:19,18</u>
26	<u>2:01,74</u>
24	<u>2:44,92</u>
22	<u>3:27,70</u>
20	<u>4:11,46</u>
18	<u>4:55,40</u>
16	<u>5:38,38</u>
14	<u>6:22,29</u>
12	<u>7:06,30</u>
10	<u>7:50,15</u>
8	<u>8:33,80</u>
6	<u>9:17,66</u>
4	<u>10:00,89</u>
2	<u>10:41,61</u>
0	<u>11:18,88</u>

Liesbeth Uytdewilligen	
30	<u>39,43</u>
28	<u>1:23,51</u>
26	<u>2:09,05</u>
24	<u>2:55,69</u>
22	<u>3:42,58</u>
20	<u>4:29,58</u>
18	<u>5:16,16</u>
16	<u>6:03,26</u>
14	<u>6:50,16</u>
12	<u>7:38,05</u>
10	<u>8:26,23</u>
8	<u>9:13,76</u>
6	<u>10:01,19</u>
4	<u>10:48,66</u>
2	<u>11:34,66</u>
0	<u>12:17,80</u>

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Wedstrijd 6: 1500 Vrije slag

Gilles Costermans			
58	34,13	28	10:41,86
56	1:12,66	26	11:22,80
54	1:51,84	24	12:03,59
52	2:32,28	22	12:44,45
50	3:13,23	20	13:24,38
48	3:54,36	18	14:04,38
46	4:35,28	16	14:44,63
44	5:16,34	14	15:25,16
42	5:56,91	12	16:06,13
40	6:37,70	10	16:46,88
38	7:18,56	8	17:27,20
36	7:59,53	6	18:06,56
34	8:40,20	4	18:46,96
32	9:20,91	2	19:26,70
30	10:01,48	0	20:01,03

Kasper Van Eetvelde			
58	33,51	28	10:43,91
56	1:11,98	26	11:23,69
54	1:52,13	24	12:03,69
52	2:33,38	22	12:44,02
50	3:14,41	20	13:23,98
48	3:55,87	18	14:03,48
46	4:37,41	16	14:42,38
44	5:18,66	14	15:22,13
42	5:59,81	12	16:01,56
40	6:41,09	10	16:41,09
38	7:21,98	8	17:20,34
36	8:02,51	6	17:59,66
34	8:43,02	4	18:38,63
32	9:23,31	2	19:17,68
30	10:03,34	0	19:54,09

Maartje Aernouts			
58	39,66	28	11:48,49
56	1:23,82	26	12:32,88
54	2:09,23	24	13:17,42
52	2:53,70	22	14:02,60
50	3:38,65	20	14:47,88
48	4:22,87	18	15:32,18
46	5:08,25	16	16:17,08
44	5:52,16	14	17:01,63
42	6:36,71	12	17:46,34
40	7:21,46	10	18:31,11
38	8:06,26	8	19:15,19
36	8:51,23	6	19:59,01
34	9:35,42	4	20:41,28
32	10:19,68	2	21:22,96
30	11:03,67	0	22:01,47

Tiebe Francken			
58	40,13	28	11:50,31
56	1:24,59	26	12:35,13
54	2:09,63	24	13:20,09
52	2:54,38	22	14:05,63
50	3:39,20	20	14:50,66
48	4:24,13	18	15:35,95
46	5:08,38	16	16:20,63
44	5:53,28	14	17:05,31
42	6:38,13	12	17:49,84
40	7:22,66	10	18:34,56
38	8:07,63	8	19:19,38
36	8:51,84	6	20:00,20
34	9:36,63	4	20:42,56
32	10:20,91	2	21:24,09
30	11:05,45	0	22:01,41